

Birth Guardians  
PLACENTA ENCAPSULATION SERVICES AND FEES

1. Before the birth, I will meet with you at least once to discuss your options regarding placenta encapsulation, including the benefits, risks, and alternatives to encapsulating your placenta.
2. You are responsible for getting a hold of me when you are in labor, via text message or voicemail. Phone contact in labor allows me to make personal arrangements and gives me time to prepare my equipment.
3. I will pick up the placenta from the hospital or meet you at your home within 72 hours of the birth, or afterward if the placenta has been frozen. Keep in mind that the placenta is raw organ meat, and like any other raw organ meat, the placenta can spoil after 72 hours refrigerated or if left unrefrigerated for over 2 hours. If you anticipate waiting more than 3 days between the birth and encapsulating your placenta, double-bag your placenta on the second day and place it in the back of your freezer.
4. You are responsible for having your home accessible (providing me with a house key, or having a family member accompany me to your home) for the duration of the encapsulation process--this usually takes two sessions of approximately three hours each.
5. An Apprentice Doula or observer from my practice may be present for the encapsulation process.

\_\_\_\_\_ **Traditional Chinese Medicine (TCM) Process:**

1. I will drain your placenta and umbilical cord of blood and clean away all blood clots.
2. I will steam your placenta with lemon and ginger.
3. I will thinly slice your placenta and dehydrate it for approximately 8 hours.
4. I will finely grind your placenta. If you wish to add any additional herbs to your capsules, they will be added at this time.
5. I will encapsulate your placenta in size 0 vegetarian capsules. These finished capsules can be stored indefinitely in a cool, dry environment. They are accompanied by dosage instructions which I will also go over with you.
6. I will thoroughly clean and sanitize my work area and all equipment in compliance with OSHA Blood-born Pathogen Transmission standards as well as EPA regulations.

\_\_\_\_\_ **Raw Process:**

1. I will drain your placenta and umbilical cord of blood and clean away all blood clots.
2. I will thinly slice your placenta and dehydrate it for approximately 10 hours.
3. I will finely grind your placenta. If you wish to add any additional herbs to your capsules, they will be added at this time.
4. I will encapsulate your placenta in size 0 vegetarian capsules. These finished capsules can be stored in your refrigerator for your postpartum time--if you have some left over that you would like to save, keep them in your freezer to preserve their freshness. They are accompanied by dosage instructions which I will also go over with you.
5. I will thoroughly clean and sanitize my work area and all equipment in compliance with OSHA Blood-borne Pathogen Transmission standards as well as EPA regulations.

**Fees and Failure to Provide Service:**

1. The Fee of \_\_\_\_\_ compensates me for my time on-call, my supplies, and my labor.
2. My current fee is due 2 weeks before your Estimated Delivery Date: \_\_\_\_\_.
3. This fee will be returned if your placenta is not encapsulated after it comes into my possession.

4. If my failure to provide this service is caused by your failure to call me in time, the hospital keeping your placenta, or the accidental destruction of your placenta, I will keep your fee.

**Included Services**

- Initial Consultation
- Placenta Pick-Up from Hospital/Birth Center/Home
- Placenta Encapsulation (On-Call Service for weeks 38-42)
- Email Support for 1 Month Postpartum
- Digital Photos of Your Placenta

Misc notes: \_\_\_\_\_  
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Mother's Printed Name

\_\_\_\_\_  
Mother's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Placenta Encapsulator

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date